

Brave ladder rung log

A pause or a smaller step is useful information, not failure.

Observation dates

Local reference (avoid names on shared copies)

Ladder target and comfortable starting point

Date / rung / tiny step

Place / people / support

What happened / comfort / repeat, pause, or make smaller

Date / rung / tiny step

Place / people / support

What happened / comfort / repeat, pause, or make smaller

Date / rung / tiny step

Place / people / support

What happened / comfort / repeat, pause, or make smaller

Next agreed step, who will support it, and check-in date (no deadline for speech)

Notice effort, keep nonverbal access available, and never add pressure to collect data.

Store securely under your school policy. Original planning sheet, not a diagnostic instrument.

bravevoicejourney.com/selective-mutism-progress-monitoring